

F. L. Y. O. C. T. O. B. E. R.



Vol. 1 Issue 2 Columbus Middle School "First we F.L.Y., then we S.O.A.R.!" Counselors' Cove

Dr. Shelton **First we F.L.Y. then we S.O.A.R.** **Mrs. Lewis**

Hello! We are excited to be sharing issue 2 with you all! "First we F.L.Y. then we S.O.A.R." is our school's mantra! It highlights the the goals of our positive behavior system (PBIS). Our goal is to see that ALL of our students take flight academically, socially, and emotionally—then soar to heights they never imagined they could! The behavior expectations of our S.O.A.R. system are the 3 B's: Be SAFE, Be RESPECTFUL, & Be RESPONSIBLE. Please join us in getting behind each of our students and pushing them to do better and greater. Reinforce our mantra and the 3 B's by showing them that you believe they can do greater! Praise and reward them when they do. We look forward to SOARING with you!

The Personal Cove: Golden Nuggets!

For Students...
You only fail if you **stop** trying!

For Parents...
Behind every young child who believes in himself is a parent who believed **first!**



→ RANDOM ACTS OF KINDNESS CHALLENGE

HOME: Help around the house with something you don't usually help with!

SCHOOL: Find something nice to say to 2 of your classmates this week

PERSONAL: Do at least 1 nice thing for a close friend or family member

The Academic Cove: Points to Remember

Breast Cancer Awareness: Did you know that October is Breast Cancer Awareness Month? **Breast Cancer Awareness Month** began in 1985 as a partnership between the American Cancer Society and the pharmaceutical division of Imperial Chemical Industries. Betty Ford, a former 1st Lady, helped kick off the week-long event, as she was herself a survivor of breast cancer. Breast cancer is a disease in which cells in the breast grow out of control. October has been set aside to raise awareness of this disease and to encourage early detection which can save lives. **Attendance:** Parents, remember that **DAILY** attendance will be taken. When your student is home, he/she must check in with his/her teacher by **9am** one of three ways: Microsoft Teams and submitting daily assignments, submitting daily assignments to Remind, or a daily phone call to check in with your student's teachers. **Safe sites:** Safe sites are available by appointment only for students who are experiencing technical difficulties that hinder them from completing assignments in Teams or i-Ready minutes.

Creating a Culture of Kindness

Kids thrive in an atmosphere of kindness. They blossom, do better in school, and feel safer when surrounded by kindness. One thing to remember is that any investment of time you make to create a kinder, more accepting culture in your home or school, will yield rewards far greater than just having children treat one another better. According to the research, a positive climate is tied to high or improved attendance rate, test scores, promotion rates, and graduation rates.

Important dates
October 9th
Virtual Parent/Teacher Conference
October 15th
Students receive Report Cards

- 3 Ways to create a culture of Kindness:**
- 1** Model, teach, and expect acceptance, empathy & Kindness
 - 2** Help you kids see clicks and social groups through a lense of kindness
 - 3** Plant seeds of kindness through your attitude and behavior with others.

then

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